

# Webinar: Spotlight on Internal Head and Neck Lymphoedema

## Assessment and Management of Internal Head and Neck Lymphoedema

**Date:** Tuesday 21 July online via Teams

**Time:** 7:30 – 8:30 PM AEST (Melbourne)

### WEBINAR OVERVIEW

July is Head and Neck Cancer Awareness Month, highlighting the impact of head and neck cancer treatment. Internal head and neck lymphoedema is often under-recognised but can significantly affect swallowing, voice, airway function, and quality of life.

**Stella Salpigidis**, Senior Speech Pathologist at Peter MacCallum Cancer Centre, will provide a practical overview of internal head and neck oedema from a speech pathology perspective, including assessment approaches, clinical indicators, and management strategies.

The session concludes with a Q&A panel featuring both **Stella** and **Dr Amanda Pigott**, exploring questions about internal oedema, its interplay with external lymphoedema and effective collaboration within multidisciplinary teams.

### WHAT YOU'LL LEARN

Participants will gain practical strategies to:

- Recognise the clinical features and functional impact of internal head and neck lymphoedema in people treated for head and neck cancer.
- Understand the role of speech pathology in the assessment and management of internal oedema.
- Identify how internal and external head and neck lymphoedema may interact and influence care planning.
- Apply strategies to enhance collaboration and referral within multidisciplinary teams, including hospital and private practice settings.
- Reflect on how patient-centred, team-based approaches improve outcomes for people living with head and neck lymphoedema.

### THANKS TO OUR EVENT SPONSORS

Lymphoedema Education Solutions is grateful to Essity and Haddenham Healthcare, Medi-Rent and OPC Health for supporting this learning opportunity.

### SPEAKERS



**Stella Salpigidis**

Senior Speech Pathologist, Peter MacCallum Cancer Centre



**Dr Amanda Pigott**

Advanced Occupational Therapist, Cancer Services, Princess Alexandra Hospital



**REGISTER**

<https://linkly.link/2agf6>

### REGISTRATION INCLUDES

- Live webinar access
- Opportunity to submit questions
- Access to the webinar recording (available from 23 July)
- A follow-up episode of the Lymphoedema Insights podcast with Dr Amanda Pigott will be promoted as a companion learning resource

