



CHRONIC  
OEDEMA  
SOLUTIONS

Client Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Height: \_\_\_\_\_

Position of Patient: Supine  YES  NO Variations: \_\_\_\_\_

# Circumference Measurement Form

Board levels:	Right	MTP med: lat:	TMT med: lat:	Mid-point Malleoli med: lat:
	Left	MTP med: lat:	TMT med: lat:	Mid-point Malleoli med: lat:

Date												
Weight												
Side	Left	Right	Difference									
MTP												
TMT												
<b>Circumference A</b>	10cm											
	20cm											
<b>Circumference B</b>	30cm											
	40cm											
	50cm											

Toes	1.											
	2.											
	3.											
	4.											
	5.											

Measured by				
Time am / pm				

**Circumference A** and **Circumference B**: Reference points for the Chronic Oedema Below Knee Assessment Form

**Supine:** lying on back, **Med (medial):** inside, **Lat (lateral):** outside, **MTP (metatarsal-phalangeal joints):** base of toes, **TMT (tarsal-metatarsal joints):** mid foot