

# Level 2

## 2022 Advanced Upper and Lower Limb Lymphoedema Course

The Complete Level 2 Advanced Upper and Lower Limb Lymphoedema Management Course is a hybrid model for course delivery. It comprises of self paced online, virtual sessions and the face to face component. This model enables the learner to have the best possible learning experience and makes sure that precious face to face time is used for fine tuning practical skills, collaborating together on problems through analysis and deconstructing it and together developing new ideas.



### Self-paced Distance Learning

The self-paced distance learning component is included via the Lymphoedema Educations Solutions (LES) online management system and via the e-learning modules provided by Klose Training [www.klosetraining.com](http://www.klosetraining.com). It includes readings, online presentations and activities to assist you in developing knowledge on various topics. Your prior learning will influence how much time you will need to spend on each section. There are some activities that will require you to participate in an online discussion with other course participants. The distance learning component is compulsory and will prepare you for the face to face study days. It must be completed prior to the face to face study days.



### Virtual Sessions

The four virtual sessions are designed to interactively

explore various aspects of assessment and management prior to the face to face component. They are facilitated by experienced lymphoedema practitioners and delivered by experts in their fields.



### Face-to-Face Master Classes

This consists of 3 days of master classes. These days are about developing your clinical reasoning and skill acquisition. Dissemination of information and skills is via lectures, activities, practical workshops and group discussion. It is an excellent opportunity for therapists to share their knowledge, skills, ideas and have a forum to troubleshoot difficult aspects of lymphoedema management.

Participants are required to have 100% attendance throughout the face-to-face component.



### Assignments

The assignments are evidence of your clinical reasoning for your chosen case study. The assessment part of the case studies will be discussed as part of a virtual session. The second assignment allows the learner to reflect on both the virtual sessions and face to face days and make changes, if required.

## Key Dates



Fri 17th June **Start Self-Paced Online Learning**



Fri 15th July **1st Clinical Reasoning Assignment** due for a complex upper or lower limb case study



Thus 28th July **Virtual Session I**

Topic: Q & A session - Treatment Planning Utilising ICG Fluoroscopy

Presenter: Dr Vani Prasad

Time: 7.30 – 9.00pm AEST



Thurs 4th Aug

**Virtual Session 2**

Topic: Upper limb lymphoedema: Getting the most out of your assessment for complex cases  
Facilitators: Maree O'Connor and Sarah Harmon  
Time: 7.30 – 8.30pm AEST



Thurs 11th Aug

**Virtual Session 3**

Topic: Lower limb lymphoedema: Getting the most out of your assessment for complex cases  
Facilitators: Maree O'Connor and Sarah Harmon  
Time: 7.30 – 8.30pm AEST



Fri 26th Aug

**Coban 2 Basic Techniques**

Upload videos to the relevant course lesson no later than this date - If you have already attended a 3M basic Coban 2 course or LES Level 1 Lymphoedema Course, provide videos demonstrating bandaging an arm with fingers and fanning and as well as a below knee application with boot.



Mon 5th Sept

**Virtual Session 4**

Topic: Q & A session - The use of laser and intermittent pneumatic compression in the management of lymphoedema  
Speaker: Sharon Tilley  
Time: 7.30 – 8.30pm AEST



Fri 9th Sept to  
Sun 11th Sept

**Face-to-Face Master Class**

Upper Limb and Lower Limb  
Time: Fri 9th Sept – Sun 11th Sept 8.00am – 5.30pm  
Location: The Tudor 1101 Whitehorse Road, Box Hill



Sun 9th Oct

**2nd Clinical Reasoning Assignment** due for a reflection of a complex upper or lower limb case study



**Go to your LES Online Learning Dashboard**  
<http://bit.ly/LESDashboard>

