

# Compression Garment Initial Application

## CHECK LIST

The following items are to be covered when the client is fitted with a compression garment (*tick ✓ if the item has been completed*)



1	Explain why the client needs to wear a compression garment and when it should be applied and taken off.	
2	Explain the reason for graduated compression.	
3	Explain what type of moisturiser should be used and when it should be applied.	
4	Discuss care of the garment.	
5	Discuss when to replace the garment ie:	
	a After 4-6months	
	b Require two garments (wash and wear)	
	c Look at the garment for holes, broken threads,	
	d If cutting in and not fitting properly (eg loose)	
6	Demonstrate how to put the garment on with aides as required	
7	Demonstrate how to take the garment off.	
8	Check that the client can effectively put the garment on with any aides as required.	
9	Check the placement of the garment.	
10	Check the distribution of the compression. Ask the client "Where do you feel it's the strongest?"	
11	Check that the client can take the garment off.	
12	Explain the importance of readjusting the garment during the day to make sure the correct placement.	
13	Explain to the client, if the following symptoms occur and persist after moving the leg (eg walking), they must remove the garment and notify the practitioner:	
	a Severe pain	
	b Numbness	
	c Blue fingers or toes	
	d Pins and needles	
	e Increase in the swelling	

Practitioner Name: \_\_\_\_\_ Date : \_\_\_\_\_