

Level 2

2024 Advanced Upper Limb Lymphoedema Course



The Complete Level 2 Advanced Upper Limb Lymphoedema Management Course is a hybrid model for course delivery. It comprises of self-paced online, virtual sessions and the face-to-face component. This model enables the learner to have the best possible learning experience and makes sure that precious face-to-face time is used for fine-tuning practical skills, collaborating together on problems through analysis and deconstructing it and together developing new ideas.



Self-paced Distance Learning

The self-paced distance learning component is included via the Lymphoedema Education Solutions (LES) online management system and via the e-learning modules provided by Klose Training www.klosetraining.com. It includes readings, online presentations and activities to assist you in developing knowledge on various topics. Your prior learning will influence how much time you will need to spend on each section. There are some activities that will require you to participate in an online discussion with other course participants. The distance learning component is compulsory and will prepare you for the face-to-face study days. It must be completed prior to the face-to-face study days.



Virtual Sessions

The three virtual sessions are designed to interactively

explore various aspects of assessment and management prior to the face-to-face component. They are facilitated by experienced lymphoedema practitioners and delivered by experts in their fields.



Face-to-Face Master Classes

This consists of 1.5 days of master classes. These days are about developing your clinical reasoning and skill acquisition. Dissemination of information and skills is via lectures, activities, practical workshops and group discussion. It is an excellent opportunity for therapists to share their knowledge, skills, ideas and have a forum to troubleshoot difficult aspects of lymphoedema management.

Participants are required to have 100% attendance throughout the face-to-face component.



Assignments

The assignments are evidence of your clinical reasoning for your chosen case study. The assessment part of the case studies will be discussed as part of a virtual session. The second assignment allows the learner to reflect on both the virtual sessions and face-to-face days and make changes, if required.

Key Dates



Thurs 1st August **Start Self-Paced Online Learning**



Thurs 29th August **1st Clinical Reasoning Assignment**
due for a complex upper limb case study



Thurs 5th Sept **Virtual Session I**
Topic: Q & A Surgery and ICG treatment planning
Time: 7.30 – 9.00pm AEST



Thurs 12th Sept.

Virtual Session 2

Topic: Getting the most out of your assessment for complex cases Group 1

Facilitators: Maree O'Connor and Sarah Harmon

Time: 7.30 – 8.30pm AEST



Thurs 19th Sept.

Virtual Session 3

Topic: Getting the most out of your assessment for complex cases Group 2

Facilitators: Maree O'Connor and Sarah Harmon

Time: 7.30 – 8.30pm AEST



Thurs 4th Oct.

Coban 2 Basic Techniques

Upload videos to the relevant course lesson no later than this date - If you have already attended a 3M basic Coban 2 course or LES Level 1 Lymphoedema Course, provide videos demonstrating bandaging an arm with fingers and fanning.



Monday 7th Oct.

Virtual Session 4

Topic: Q & A session - The use of laser and intermittent pneumatic compression in the management of lymphoedema

Speaker: Sharon Tilley and Jen Sanderson

Time: 7.30 – 8.30pm AEST



Fri 25th Oct. to
Sat 26th Oct.

Face-to-Face Master Class

Time: Fri 25th October – Sat 26th October 8.00am – 5.30pm

Location: The Tudor 1101 Whitehorse Road, Box Hill



Fri 24th Nov.

2nd Clinical Reasoning Assignment

due for a reflection of a complex upper limb case study



Go to your LES Online
Learning Dashboard

<http://bit.ly/LESDashboard>

